

MAYA

What is Maya? It is nothing but an illusion. One gets stuck into Maya if they cannot tell the difference between the truth and reality that is what really happened. The clash between common sense and logic. Say if you are suffering from a high temperature logic dictates pour cold water on yourself but common sense states otherwise. In the late 19th century in the line of great philosophers Sankara Acharya gave a wonderful example of that when a person is in a dream state and sees a nightmare he gets afraid and he wakes up all scared. So was the dream real? If yes, where did it go when you woke up then again if the dream was not real, why did you wake up scared. This is the most important aspect of Maya. In today's world we can compare it to all forms of media like say movies when you very well know that it is all staged then why do we react to it as if it was real. The person who creates Maya is known as a Maya-vi and he spins a web to trap the weak-minded who get caught in that web of illusion or Mayajaal.

In life there are 3 truths time, change and point of view. For life to exist atma or soul has to take the form of a body and develop a mind so it can sustain itself. This universal truth is applicable to all forms of life. That is the reason why even an ant to protect itself from getting killed tries to avoid

trouble so what is the difference between that life form and any other ? So we must learn to respect all forms of life since all life is connected and work with each other so life can go on. And if so how is one life greater than the other once we realize this reality we truly attain a blissful state.

The soul or atma(energy) exists forever it simply takes different forms of body that goes into the different stages of life birth old-age and death while combating disease. Why do go through all these stages is simple it is all because of all the actions(Karm) we have performed not only in this life but also the previous. But these bad(DushKarm) actions can be negated by performing good actions(Sukarm) and avoiding DushKarm seeing this truth and attaining a blissful state. Now, the mind goes through various stages as well at the beginning it starts of by being unconsciously unconscious , then the next stage unconsciously conscious the stage at which most people live and die, the next being consciously conscious the stage we realize about what Maya really is and we get freed from it and finally the stage where the mind is unconsciously conscious or the ParmAtma where we realize the real truth about everything and become one with God itself. The true blissful state or attain Moksh where we realize the whole truth that we know nothing and our minds go blank and the only way to keep going is to help the people around you that really need help.

